

Nov.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	<p><b>Breakfast :</b> Scrambled eggs, toast, fruit, &amp; milk</p> <p><b>Lunch :</b> Grilled cheese, veggie, fruit, &amp; milk</p> <p><b>Snack :</b> Fruit &amp; cheese cubes</p>	<p><b>Breakfast :</b> French toast, fruit, &amp; milk</p> <p><b>Lunch :</b> Sloppy joe, fruit, veggie, &amp; milk</p> <p><b>Snack :</b> Veggies &amp; hummus</p>	<p><b>Breakfast:</b> Oatmeal, fruit, &amp; milk</p> <p><b>Lunch:</b> Mini calzones, veggie, &amp; milk</p> <p><b>Snack:</b> Cottage cheese, &amp; fruit</p>	<p><b>Breakfast :</b> Whole wheat bagel with cream cheese, fruit, &amp; milk</p> <p><b>Lunch :</b> Hot dog, baked beans, fruit, &amp; milk</p> <p><b>Snack :</b> Ants on a log</p>	<p><b>Breakfast :</b> Whole grain cereal, fruit, &amp; milk</p> <p><b>Lunch :</b> Leftovers, &amp; milk</p> <p><b>Snack :</b> Fruit &amp; yogurt</p>
<b>Week 2</b>	<p><b>Breakfast :</b> Whole grain toast, fruit, &amp; milk</p> <p><b>Lunch :</b> Chicken broccoli pasta, fruit, &amp; milk</p> <p><b>Snack :</b> Banana bread &amp; fruit</p>	<p><b>Breakfast :</b> Whole grain strawberry muffin, fruit, &amp; milk</p> <p><b>Lunch :</b> Ground turkey sweet potato casserole, fruit, &amp; milk</p> <p><b>Snack :</b> string cheese &amp; whole grain crackers</p>	<p><b>Breakfast :</b> Pancakes, fruit, &amp; milk</p> <p><b>Lunch :</b> Ham and cheese sandwich, veggie, fruit, &amp; milk</p> <p><b>Snack :</b> Granola &amp; yogurt</p>	<p><b>Breakfast :</b> Sausage egg and cheese roll up, fruit, &amp; milk</p> <p><b>Lunch :</b> BBQ meatballs, veggie, fruit, &amp; milk</p> <p><b>Snack :</b> Graham crackers &amp; applesauce</p>	<p><b>Breakfast :</b> Whole grain cereal, fruit, &amp; milk</p> <p><b>Lunch :</b> Leftovers, &amp; milk</p> <p><b>Snack :</b> Baked chips &amp; salsa</p>
<b>Week 3</b>	<p><b>Breakfast :</b> Raisin toast, fruit, &amp; milk</p> <p><b>Lunch :</b> Lasagna, veggie, &amp; milk</p> <p><b>Snack :</b> Baked apple &amp; pretzels</p>	<p><b>Breakfast :</b> Baked oatmeal, fruit, milk</p> <p><b>Lunch :</b> BBQ chicken, fruit, veggie, &amp; milk</p> <p><b>Snack :</b> Rice cakes, &amp; fruit</p>	<p><b>Breakfast :</b> Egg bake muffin, fruit, &amp; milk</p> <p><b>Lunch :</b> Quesadilla, veggie, fruit, &amp; milk</p> <p><b>Snack :</b> Pretzels &amp; string cheese</p>	<p><b>Breakfast :</b> French toast, fruit, &amp; milk</p> <p><b>Lunch :</b> PB &amp; J sandwich, veggie, fruit, &amp; milk</p> <p><b>Snack :</b> Apples &amp; cucumber</p>	<p><b>Breakfast :</b> English muffin, fruit, &amp; milk</p> <p><b>Lunch :</b> Leftovers, &amp; milk</p> <p><b>Snack :</b> Pita chips &amp; hummus</p>
<b>Week 4</b>	<p><b>Breakfast :</b> Whole grain cereal, fruit, &amp; milk</p> <p><b>Lunch :</b> Pizza, veggie, fruit, &amp; milk</p> <p><b>Snack :</b> String cheese &amp; grapes</p>	<p><b>Breakfast :</b> Scrambled eggs, toast, fruit, &amp; milk</p> <p><b>Lunch :</b> Kielbasa, veggie, fruit, &amp; milk</p> <p><b>Snack :</b> Veggies &amp; hummus</p>	<p><b>Breakfast :</b> Granola, yogurt, fruit, &amp; milk</p> <p><b>Lunch :</b> Pasta, beans, with sauce, veggie, &amp; milk</p> <p><b>Snack :</b> Fruit muffin &amp; veggie</p>	<p><b>Breakfast :</b> Whole wheat bagel with cream cheese, fruit, &amp; milk</p> <p><b>Lunch :</b> Homemade chicken noodle soup, fruit, &amp; milk</p> <p><b>Snack :</b> Fruit &amp; yogurt</p>	<p><b>Breakfast :</b> Banana &amp; broccoli muffin, &amp; milk</p> <p><b>Lunch :</b> Leftovers, &amp; milk</p> <p><b>Snack :</b> Baked chips &amp; guacamole</p>